

Food Resource List

Below is a list of our most used resources, during this time.

Organization	Status	Public Phone # & Address	ZIP	Website	Services Offered	Notes:
All Areas						
Knoxville Area Rescue Ministry (KARM)	Open	418 N Broadway St. 673-6540	37917	https://karm.org	NOT a food pantry. Daily meals for the homeless and those in crisis	Breakfast: 6:30am - 7:45 am. Lunch: 11:30am - 12:45pm. Dinner: 4:30pm - 5:45pm. Must have ID. If no ID, they will still give a meal to go.
Knoxville County Schools	Open	912 S. Gay St. 594-3640	37902	https://www.knoxschools.org/mealinfo	food distribution for students of KCS (in-person students & online students)	For KCS students. For on-line students, they can register at knxcou tyschools/mealsrequest. They give food on Mondays for 3 days and on Wednesdays for 2 days.
Pellissippi State College - Pellissippi Pantry	Open	See note for multiple locations. 539-7346		http://www.pstcc.edu/advocacy/pantry.php	food and hygiene items when available	Must be Pellissippi student or staff. Complete an application. Orders are filled by ID number (not by name). Orders may be picked up once per month. Clients campus (Blount County, Hardin Valley, or Magnolia Avenue). Clients receive a five-day supply of food.
Salvation Army	Open	409 N Broadway St. 525-9401	37917	https://www.salvationarmyknoxville.org	food pantry	Call for appt. Open M-W-F, from 1-4 PM. Clients can access the pantry once every 6 weeks. Need ID, SS# and proof of residence such as a utility bill. For emergencies, call the office.
Senior Citizens Home Assistance Service (SCHAS)	Open	215 Bearden Pl. 523-2920	37917	https://schas.org/s-o-s-program	grocery delivery (client pays for groceries)	See web site. Free grocery delivery to persons who have compromised immune systems, disabled, or are age 60 or older. Client pays for groceries. One order per week. Maximum 25 items. 48-hour delivery on weekdays. No delivery on weekends. Food, toiletries, essentials. No prescriptions, non-essentials, alcohol, or tobacco. Available through 09/2021. Can assist people clients with SNAP cards for these services.
Smokey's Pantry/ Tyson House on UT campus	Open	824 Melrose Pl. 236-1235	37916	https://smokeyspantry.wordpress.com	Food pantry	Tuesday 4-6 PM. Walk-in. Bags of groceries. Open to all. Will ask for ID and contact info. Can also text 236-1235. Only open for UT spring and fall semester. Closed in Summer. Recommend call before you come.

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Second Harvest	Open	136 Harvest Ln., Maryville. 521-0000	37801	https://secondharvesttn.org/find-a-food-pantry/	list of food pantries & telephone numbers	They provide food to 630 partners, including food pantries, homeless shelters and churches, in 18 E. TN counties. See their attached website for a list of those partners if a client needs to find a food pantry near them.
EAST						
East Knoxville FISH Hospitality Pantry	Open	St. Luke's Episcopal, 600 S Chestnut	37914	http://www.fishpantry.org/index.php?page=pantry_locations	food pantry	Monday & Wednesday: 10:00am - 1:00pm at 600 S Chestnut St. (St. Luke's Episcopal Church). No ID needed. They serve everyone. Closed if the schools are closed for bad weather.
Overcoming Believers Church	Open	211 Harriet Tubman St. 633-9050	37915	overcomingbelieverschurch.org	food pantry	Every Tuesday 1-2PM. Grocery giveaway
New Life UMC	Open	546-5153; 7921 Millertown Pike. N	37924	https://www.newlifemcknoxville.com/	food bag	Fourth Tuesday 10:00am - 12:00pm. Food is distributed outside of the building. Two bags of food per household.
The Love Kitchen	Open	2418 Martin Luther King, Jr. Ave. 69	37915	http://www.thelovekitchen.org	food pantry and meals	Lunches - Wednesday & Thursday: 1:30pm. No ID required. Because of Covid, meals are served "to go" and handed out in the parking lot gate. Food Pantry: Call First, between Noon and 1PM to get a number. At 4 PM be in the parking lot and they will call numbers. Food Delivery: Meal deliveries to those qualified recipients who are homebound or unable to cook. Call and talk to someone or leave a message and you will be called back.
WEST						
Beaver Ridge UMC	Open	7753 Oak Ridge Hwy. 690-1060	37931	https://www.beaverridgeumc.org	food pantry	Monday 1-2 PM. Normally serves clients within the 37931 zip code and limits distribution to once per family per month. One family served at a time. .

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Calvary Baptist Church	Open	3200 Kingston Pike. 523-9419	37919	https://knoxcalvary.com/	food bag - drive thru	Tuesday 9:00am – 12:00pm. One bag of groceries per household every three months. All zip codes. Proof of identity is required.
City Hills Church	Open	1501 Kirby Rd. (865) 291-2393. outre	37909	https://cityhills.churchcenter.com	Food pantry	Second Sat of each month from 9:30- 11:AM. (But call the office for other time and dates).Must register first at https://cityhills.churchcenter.com/people/forms/249316 . Take only the first sign-ups.
Cokesbury UMC/Manna House	Open	9915 Kingston Pike. 693-0353	37922	https://www.cokesbury.tv/mannahouse/	food bag - drive thru	9919 Kingston Pike - drive down the left side of the building Tuesday, Thursday, & Saturday: 9:00am – 11:00am. And Thursday 5-6:30 PM.Photo ID & document with SSN required. Normally, once every 30 days per household but during this Covid time, they are flexible. Mobile Manna House: Mondays & Tuesdays: 9:00 - 10:30 at Wesley House (1719 Reynolds St.) 11:00 - 12:30 at Susannahs House . (923 Dameron Ave.)
Cokesbury UMC/MOBILE Manna House	Open	Wesley House - 1719 Reynolds St. o	37921	https://www.cokesbury.tv/mannahouse/	food bag - drive thru	Mobile Manna House: Mondays & Tuesdays: 9:00 - 10:30 at Wesley House & 11:00 - 12:30 at Susannahs House.
Cornerstone Church of God/ Compassion Ministries	Open	12813 Kingston Pike, Farragut. 755-9	37934	https://compassionministries.net/	food bag - drive thru	Every other Thursday from 3-5 PM. Next distribution is Feb 4, 2021 and every 2 weeks thereafter.. No ID required.
Faith Lutheran Church – Shepherd of Hope Food Pantry	Open	225 Jamestowne Blvd. Farragut 966-	37934	https://www.faithloves.org/shepherd-of-hope-food-pantry/	food pantry	First Monday 3:00pm – 5:00pm & third Monday 3:00pm – 6:30 pm. Need government photo ID. Usually serve families once per month but during Covid twice per month.
Farragut Christian Church/ C.A.R.E. Food Pantry	Open	138 Admiral Rd. Farragut 966-5224	37934	https://farragutcc.com	food pantry	Thursdays (except holidays) 5:30pm - 7:00pm. Families receive two bags of food per month. All zip codes during this Covid period.

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First Seventh-day Adventist Church/ Good Samaritan Center	Open	3611 Kingston Pike. 524-7842	37919	https://www.knoxvillefirstsda.com	Food pantry	All are welcome on the 2nd and 4th Tuesday from 3:30- 5:30 PM. ID is required since we do have USDA foods. Special food is provided at Thanksgiving and Vchristmas for guests to take home and prepare. Also, at Thanksgiving, a special banquet is prepared for everyone. There is no charge for any food service.
Grassy Valley Baptist Church	Open	10637 Kingston Pike. 693-1741	37922	http://www.grassyvalley.org/ministries/food-pantry	Food drive through	Accepting donations: Tuesday and Thursday 10 AM-2 PM. Offering food on the 1st and 3rd Thursday of each month from 10 AM-2 PM. Show picture ID and last 6 #s of your SS #. Emergency food: M-F 10 AM - 2PM but must call 865 773-116 first.
Laurel Church of Christ	Open	3457 Kingston Pike. 524-1122	37919	https://www.laurelcc.org	meals at VMC	Plan to re-open the church on Feb 7. Then, On the second Tuesday of each month, resuming cooking lunch at Volunteer Ministry Center, 511 N Broadway, from 11:45am. to 12:30pm.
Metropolitan Community Church	Open	7820 Redeemer Ln. 531-2539	37919	https://www.mccknoxville.org	6-8 grocery bags of non perishable food. Enough for a family of 4 for 4 days or 1 person for 2 weeks.	Must telephone first to make arrangements for pick-up. These pre-scheduled pick-ups are Tuesday and Thursday: 11:00am - 12:00pm. Sunday: 12:30- 1:30 PM. First come, first served. Non-perishable items only. Ffor questions or other needs call the church.
Middlebrook Pike UMC FISH Food Pantry	Open	7234 Middlebrook Pike. 690-8641	37909	http://middlebrookpike.com/our-programs	FISH food bank- drive thru	Fourth Friday. 9AM - Noon or until food runs out
Parkwest Church	Open	7635 Middlebrook Pike 963-0144;	37909	https://www.facebook.com/parkwestchurch/	Knoxville Dream Center mobile food truck	On-site Knoxville Dream Center mobile food pantry truck Wednesday: 1:30pm - 2:30 pm. Church parking lot. One household per vehicle served unless there are multiple representatives per car. Maximum three households per vehicle. Every household receives the same amount regardless of household size.

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Strawberry Plains UMC	Open	3173 W. Old Andrew Johnson Hwy, S	37871	http://www.strawberryplainsumc.org/wp/	food pantry	First Thursday & third Thursday: 10:00am - 11:00am & 7:00pm - 8:00 pm (From their website.)
Trinity UMC	Open	5613 Western Ave. 588-5763	37921	https://www.knoxtrinity.org	food bags	Wednesdays 10:00am - 2:00pm. One bag of groceries per household per month.
Wesley House Community Center	Open	1719 Reynolds St. 524-5494	37921	https://www.wesleyhouse.com	food pantry	Childcare for essential employees and food pantry for program participants. Monday - Friday: 8:30am -5:30pm for childcare and for food pantry. WH makes weekly deliveries of food and household items to seniors and persons who do not have transportation. No ID required, they serve everyone.
West End Church of Christ	Open	8301 E. Walker Springs Ln. 693-0801	37923	wecoc.org	Food pantry	Call first for an appt, then pick-up is 2nd and 4th Saturdays from 10:00- 12:00 Families served once per month. New clients will need to show an ID. Need name, address, phone number, and last 5 #s of their Social Security card.
West Park Baptist	Open	8833 Middlebrook Pike. 690-0031	37923	westparkbaptist.org	Food pantry	Monday & Tuesday. 4-6 PM. Photo ID requested. No residency requirement.
Western Heights Baptist Center	Open	1230 W Scott Ave. 525-9068	37921	https://www.kcab.org/western-heights-baptist-center	food & clothing	Tuesday & Thursday: 9:00am - 12:00pm.
NORTH						
Beaver Dam Baptist	Open	4328 E Emory Rd. 922-2322	37938	https://www.bdbc.org	food bag - drive thru	Final Tuesday 6:00- 6:30 PM Zip Codes: 37938, 37918, 37849. Address verification required.

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Broadway Baptist	Open	815 N Broadway St. 524-2575	37917	http://www.broadwaybaptistknoxville.com	food pantry	By appointment only. Telephone church office during office hours (or leave a message) to schedule. Distributions on Wednesdays 9:30am - 12:30pm.
Callahan Road Baptist	Open	1317 Callahan Dr. 938-3410	37912	http://www.callahanchurch.com	food bag - drive thru	Then, open every second Tuesday 5:00pm - 6:00pm.
Central UMC	Open	201 3rd Ave., 524-1659	37917	http://knoxcentralumc.org/how-we-serve/community-neighbors/	Food pantry	Thursday from 10:00 AM - Noon. During COVID, people can come weekly.
Crossroads Presbyterian/Halls Welfare Ministry	Open	4329 E Emory Rd. 922-9412;	37938	https://www.crossroadschurchpcusa.org/outreach	food pantry - drive thru	Second Tuesday 6:00-7:00 pm & fourth Saturday 10:00-11:00 am. During this Covid time ID not required. All zip codes. Emergency call 922-9412. Church will try to get food.
Emerald Avenue United Methodist Church	Open	1620 N Central St. 523-7150	37917	http://www.emeraldaveumc.org	food pantry	Monday & Wednesday: 10:00am - 11:30am Zip codes 37917 & 37921. Families may come once a month. Sometimes able to provide food for homeless persons (call first).
Foster Chapel Baptist Church/Oakland Community Food Bank	Open	4012 Oakland Dr (This is the pantry)	37918	fosterchapelbaptist.com	Drive-thru food pantry	3rd Saturday of each month from 10AM-Noon until they run out
Fountain City Ministry Center	Open	688-5000; 5324 N Broadway St.	37918	https://www.fcministry.org	food pantry & childrens' clothing	Open every other week from 2-4 PM Tuesday, Thursday Friday. And Wednesday from 6-7 PM. So, they are open the week of May 18th T-F and every other week thereafter. Proof of residence, SS card and photo ID required. Families eligible once per month that FMC is open. Usually zip codes served are 37721, 37917, 37918, 37912, 37938, 37849, & 37924 but flexible during these Covid times. Check website or call for any updates.
Holy Ghost Catholic Church	Open	1041 N Central S. 684-1899	37917	https://ccetn.org	grab & go food	Fourth Saturday: 9:00 - 12:00pm

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Ladies of Charity	Open	120 W Baxter Ave. 247-5790	37917	https://www.ladiesofcharityknox.org/food-assistance	Large food package for a 3-4 person family	Park and a greeter will have you complete application. Need to show ID and SS Card (one-time only).
New Beginnings Baptist Church	Open	8518 Thompson School Rd., Corryton	37721	https://www.Facebook.com/nbbbcfoodpantry	food pantry and clothing closet	First Saturday & third Saturday: 9:00am - 12:00pm (second Saturday and fourth Saturday in October, 2020). Clients complete a brief information sheet. Emergency food service may be available by contacting contact persons.
Northwest Knoxville FISH Pantry	Open	122 W Scott Ave. 971-4000	37917	http://www.fishpantry.org/index.php?page=pantry_locations	food pantry & clothing	Food pantry: Tuesday, Thursday, & fourth Saturday: 10:00 am - 1:00 pm. No ID required. They serve everyone. Will be closed if the schools for bad weather.
Park West Church Dutch Valley Campus	Open	1416 Breda Dr. 688-8711	37918	https://www.facebook.com/Park-West-Church-Dutch-Valley-193705624298047/	Knoxville Dream Center Mobile food truck	On-site Knoxville Dream Center mobile food pantry truck. Tuesdays 11:00- 11:30 AM. Church parking lot. One household per vehicle served unless there are multiple representatives per car. Maximum three households per vehicle. Every household receives the same amount regardless of household size.
Powell UMC	Open	323 W Emory Rd. Powell 938-2741	37849	https://powellchurch.com	food bag - drive thru	Monday - Friday: 9:00am - 10:00am & third Saturday 9:00am - 12:00pm. Require proof of address. Household can get food once per month.
Rutherford Memorial UMC/Corryton Hospitality Pantry	Open	7815 Corryton Rd., Corryton. 687-84	37721	https://www.rutherfordmemorialumc.com/	food bag - drive thru	Second and fourth Thursdays: 9:00am - 12:00pm. Drive-thru. Photo ID and proof of income required (SNAP card, for example). See Rutherford Memorial UMC.
St. James Episcopal Church	Open	1101 N Broadway St. 523-5687	37917	https://stjamesknox.dio	food pantry	Every other Saturday. Call 523-5687 to verify that it is the right Saturday. Serves immediate neighborhood & contiguous zip codes (37912, 37914, 37915, 37918, 37919, 37921). Proof of address is required.
The Grove Church	Open	6709 Maynardville Pike 922-0261	37918	https://thegroveknox.org/market/	food pantry	Third Saturday 10:00am – 12:00pm. Identification is not required. They sometimes have food left over so clients can call and check.

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Washington Pike UMC	Open	2241 Washington Pike 523-0603	37917	https://www.washingtonpikeumc.org	food pantry- drive thru	Thursdays 9:00 am - 11:00am. Zip codes 37914 and 37917. Can pick up food once a month.
White Stone Church	Open	1719 E Emory Rd. 37938. 255-4938	37938	https://whitestonechurch.org	food pantry - drive thru	Second Saturday 9:00am - 11:00pm & fourth Tuesday 4:30pm - 6:00 pm. Families served once per month. All zip codes served. We are a drive through pantry.
SOUTH						
Beacon of Hope	Open	115 Ogle Ave. 599-5047	37920	https://www.churchstreetumc.org/beacon-of-hope/	Clothing, toiletries, & household items,	Emergency food boxes to residents in the 37920 zip code. ALSO:Not for public release, because they have a huge waiting list, but they run Food Co-Op (not a food pantry) for members only
Colonial Heights UMC	Open	6321 Chapman Highway. 577-2727	37920	https://chumcknox.com	Drive thru meals	Everyone is welcome. Lunch on the last Sat of each month from 11AM - 1PM or until they run out of food.And the 2nd Wednesday from 5:00PM - 6 PM or until they are out food. They plan on having 50 meals (limit of 6 meals)
Montgomery Village Baptist Center	Open	4601 Joe Louis Rd. 693-9097	37920	https://www.kcab.org/montgomery-village-baptist-center	meals, food bags & clothing	Monday: emergency food bags: 1:00pm - 3:00pm Tuesday: worship service and persihable food from Second Harvest: 10:00am - 11:45am Wednesday: emergency food bags: 9:00am - 12:00pm Thursday: worship service and meal for all until food runs out: 10:30am - 12:00pm emergency food bags: 1:00pm - 3:00pm Friday: clothing room: 9:45am - 11:45am
South Knoxville Baptist Church	Open	522 Sevier Ave. 573-1973	37920	http://soknobaptist.org	food box	Second & fourth Saturdays: 1:00pm - 3:00pm. Delivery may be available in south Knoxville area.
South Knoxville Church of God	Open	5623 Magazine Rd. 573-4141	37920	http://skcog.com	food pantry	Open by telephone appointment only 573-4141. Pick-ups from 9AM-3PM, M-Thu. Once a month per household. Must show ID and prrof of residence such as phone or utility bill.

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South Knoxville FISH Pantry	Open	201 Ogle St. (inside Sustainable Fut	37920	http://www.fishpantry.org/index.php	food pantry	Wednesday & Friday: 10:00am - 1:00pm No ID required, they serve everyone. They will be closed if the schools are closed for bad weather.
The Lord's Child- Food Pantry	Open	8729 Chapman Highway. 291-2393	37920	https://www.thelordscchild.or	food pantry	Thursdays 10:00am - 1:00pm or until food runs out. Drive-thru delivery. Bring government-issued photo ID and some form of proof of address (piece of mail, a utility bill, or a Driver's License, etc.) The restriction of serving only residents of South Knoxville and Seymour zip codes is waived during COVID -19. Guests DO NOT have to qualify for any assistance program to receive groceries and there is no limit to the number of times they can come to the food pantry in a month.
Woodlawn Christian Church	Open	4339 Woodlawn Pike 37920	37920	https://mywoodlawn.org	food pantry	Monday - Friday: 9:00am - 4:00pm. Zip code 37920. Clients must call South Knoxville CAC office first (577-7591) for referral.
DOWNTOWN						
Church Street UMC	Open	900 Henley St.	37902. 521-0298	https://www.churchstreetumc.org	Soup-to-go drive through	Thursday from 11:00am until food runs out (usually by 11:30am)
First Baptist Downtown	Open	510 W Main St #2539	37902	http://fbcknox.org/	FISH food pantry & food co-op	FISH pantry: first Monday 8:30am - 1:00pm. Food co-op: every other Tuesday 9:00am - 1:00pm. Drive-through.
First Presbyterian Church	Open	620 State St.	37902. 546-2531	http://www.fpcknox.org/ministries/missions/local/fish-pantry/	FISH food pantry	First Tuesday (except holidays) 9:00am until food runs out, generally about 10:30 or 11:00 AM.

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Glen Oak Baptist Missionary Church	Open	510 East Oklahoma St. 637-4976	37917	https://www.glenoakbaptist.com/heaven-s-harvest	Food pantry	Fourth Saturday of each month, from 8-11 AM. ID preferred, not required. Pre-bagged food, any zipcode.
Knoxville Dream Center	Open	1444 Breda Dr. 37918	688-9636;	https://www.knoxville-dreamcenter.org	food truck - drive thru	<p>Food Truck is drive-thru. Call for times.</p> <p>Monday - West Lonsdale Baptist Church 11:00am & The Pines Apartments 1:30pm</p> <p>Tuesday - Park West Church Dutch Valley 11:00am & Overcoming Believers Church 1:00pm.</p> <p>Wednesday - Inskip Baptist Church 10:30am & Park West Church Middlebrook Pike 1:30pm.</p> <p>Thursday - Village Church 11:00am. UTK CHOP 1:30 PM (UTK staff and students only) (All UTK services are closed until Fall Semester). Friday - Natures Cove 10:30am.</p> <p>Under the Bridge Ministries (UTBM) provides hot meal and clothes. Every Wednesday night from 6-8 PM the UTB medical team can provide basic medical treatment, first aid, and check vitals if requested.</p> <p>The 2nd and 3rd weeks each month on Wednesdays from 6-8 PM, UTBM also provides dental services in a mobile trailer.</p> <p>Our prayer team prays with those who want prayer and facilitate long term treatment and care for persons who want off the streets.</p>