

Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

Organization	Status	Contact Name and Email	Website	Services Offered	Notes:
Beacon of Hope	Open	Dona McConnell beaconofhope vestal@gmail.com	https://www.churchs treetumc.org/beacon of-hope/	Clothing, toiletries, & household items,	Currently providing emergency food boxes to residents of the 37920 zip code. Food Co-Op (not a food pantry) is members only.
Beaver Dam Baptist	Open	Katie Greene KGreene@bdbc.org	https://www.bdbc.or	food bag - drive thru	Final Tuesday 6:00- 6:30 PM Zip Codes: 37938, 37918, 37849. Address verification required.
Beaver Ridge UMC	Open	Leslie Little 804-6642 deanleslielittle@gmail.com	https://www.beaverr idgeumc.org	food pantry	Monday 1-2 PM. Normally serves clients within the 37931 zip code and limits distribution to once per family per month. One family served at a time.
Broadway Baptist	Open	Laura	http://www.broadwa ybaptistknoxville.co m	food pantry	By appointment only. Telephone church office during office hours (or leave a message) to schedule. Distributions on Wednesdays 9:30am - 12:30pm.
Church Street UMC	Open	Reverend Palmer Cantler	https://www.churchs treetumc.org	Soup-to-go drive through	Thursday from 11:00am until food runs out (usually by 11:30am)
Cokesbury UMC/Manna House	Open	Katie McIlwain kmcIlwain@cokesbury.tv	https://www.cokesb ury.tv/mannahouse/	food bag - drive thru	9919 Kingston Pike - drive down the left side of the building Tuesday, Thursday, & Saturday: 9:00am – 11:00am. And Thursday 5-6:30 PM.Photo ID & document with SSN required. Normally, once every 30 days per household but during this Covid time, they are flexible. Mobile Manna House: Mondays & Tuesdays: 9:00 - 10:30 at Wesley House & 11:00 - 12:30 at Susannahs House.
Compassion Ministries Cornerstone Church of God	Open	Robin Rolland robin@compassionministries.	https://compassionm inistries.net/	food bag - drive thru	Every other Thursday from 3-5 PM. Next distribution is Feb 4, 2021 and every 2 weeks thereafter No ID required.
Corryton Hospitality Pantry	Open	rmumc@comcast.net	https://www.rutherf ordmemorialumc.co m/	food bag - drive thru	Second and fourth Thursdays: 9:00am - 12:00pm. Drive-thru. Photo ID and proof of income required (SNAP card, for example). See Rutherford Memorial UMC.



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Crossroads Presbyterian/Halls Welfare Ministry	Open	Mike Biggs mike.biggs@knoxschools.org	https://www.crossro adschurchpcusa.org/ outreach	food pantry - drive thru	Second Tuesday 6:00-7:00 pm & fourth Saturday 10:00-11:00 am. During this Covid time ID not required. All zip codes. Emergency call 922-9412. Church will try to get food.
East Knoxville FISH Hospitaliy Pantry	Open		http://www.fishpant ry.org/index.php?pag e=pantry locations	food pantry	Monday & Wednesday: 10:00am - 1:00pm at 600 S Chestnut St. (St. Luke's Episcopal Church). No ID needed. They serve everyone. Closed if the schools are closed for bad weather.
Emerald Avenue United Methodist Church	Open	Pastor Dennis Loy Rebecca Jones	http://www.emerald aveumc.org	food pantry	Monday & Wednesday: 10:00am - 11:30am Zip codes 37917 & 37921. Families may come once a month. Sometimes able to provide food for homeless persons (call first).
Faith Lutheran Church – Shepherd of Hope Food Pantry	Open	See website or call	https://www.faithlov es.org/shepherd-of- hope-food-pantry/		First Monday 3:00pm – 5:00pm & third Monday 3:00pm – 6:30 pm. Need government photo ID. Usually serve families once per month but during Covid twice per month.
Farragut Christian Church	Open	Dana Cunningham 966-5224	https://farragutcc.co m		Thursdays (except holidays) 5:30pm - 7:00pm. Families receive two bags of food per month. All zip codes diiring this Covid period.
First Baptist Downtown	Open	info@fbcknox.org	http://fbcknox.org/	FISH food pantry & food co-op	FISH pantry: first Monday 8:30am - 1:00pm.Food co-op: every other Tuesday 9:00am - 1:00pm. Drive-through.
First Presbyterian Church	Open	Raymond McCord 865 938- 5889	http://www.fpcknox. org/ministries/missio ns/local/fish-pantry/	FISH food pantry	First Tuesday (except holidays) 9:00am until food runs out, generally about 10:30 or 11:00 AM.
Fountain City Ministry Center	Open		https://www.knoxvillefirstsda.com/	food pantry & clothing, small household items	



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Good Samaritan Center - Knoxville First Seventh-Day Adventist	Open	Paul Ritter; paul@ccetn.org	https://ccetn.org	grab & go food	Fourth Saturday: 9:00 - 12:00pm
Hope Kitchen	Open	Brett Foster 594-3640; brett.foster@knoxschools.org	https://www.knoxsc hools.org/mealinfo	food distribution for students of KCS (in- person students & online students)	For KCS students. For on-line students, they can register at knxcou tyschools/mealsrequest. They give food on Mondays for 3 days and on Wednesdays for 2 days.
Knox County Schools	Open	The Grove Church. Tina	https://thegroveknox .org/market/	food market	Third Saturday 10:00am – 12:00pm. https://www.facebook.com/thegroveknox/
Knoxville Free Food Market	Open	Susie Stock, admin@locktown.org 247- 5790, x 102	https://www.ladiesof charityknox.org/food- assistance	Large food package for a 3-4 person family	Park and a greeter will have you complete application. Need to show ID and SS Card (one-time only).
Ladies of Charity	Open	Patrick Riggins	https://thelovekitchen.org	lunches, food delivery & food pantry	Lunches - Wednesday & Thursday: 1:30pm. No ID required. Because of Covid, meals are served "to go" and handed out in the parking lot.  Qualified recipients who are homebound and unable to cook for themselves. Please call (865) 546-3248. A delivery screener will call them back to review the criteria for meal delivery.  Food Pantry - Wednesday: 4:00- 5:00pm. Bring a valid ID if available. Clients must call in advance 865-546-3248 on Wednesday between 12:00pm and 1:00pm AND speak to a Love Kitchen representative. Voice message is NOT sufficient Then, at 4:00 PM, clients must be in the parking lot. We will call numbers starting with "1". If they miss their number or don't have a number, after the list is finished, you can go through the line



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Lonsdale United Methodist Church	Open	C. B. Morrison office@mccknoxville.org. NOTE: Do not release to the public but her personal cell is (843) 409-1807. CBM973@aol.com	https://www.mcckno xville.org	perishable food. Enough for a family of 4 for 4 days or 1 person	Must telephone first to make arrangements for pick-up. These pre-schedued pick-ups are Tueday and Thursday: 11:00am - 12:00pm. Sunday: 12:30- 1:30 PM. First come, first served. Non-perishable items only. Ffor questions or other needs call the church.



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Lost Sheep Ministries / Dream Center	Open	Elizabeth Long ealong@utk.edu (865) 566- 7516 cell	http://middlebrookpi ke.com/our- programs/	FISH food bank - drive thru	Fourth Friday 9:00am - 12:00pm or until food runs out. Drive thru.
Love Kitchen	Open	Tom Hodges 577-6244 mybaptistcenter@gmail.com	https://www.kcab.or g/montgomery- village-baptist-center	meals, food bags & clothing	Monday: emergency food bags: 1:00pm - 3:00pm Tuesday: worship service and persihable food from Second Harvest: 10:00am - 11:45am Wednesday: emergency food bags: 9:00am - 12:00pm Thursday: worship service and meal for all until food runs out: 10:30am - 12:00pm emergency food bags: 1:00pm - 3:00pm Friday: clothing room: 9:45am - 11:45am
Metropolitan Community Church	Open	Gwendolyn Muholland & Jim Mulholland nbbcfoodpantry@gmail.com	https://www/Facebook .com/nbbbcfoodpantry		First Saturday & third Saturday: 9:00am - 12:00pm (second Saturday and fourth Saturday in October, 2020). Clients complete a brief information sheet. Emergency food service may be available by contacting contact persons.
MIddlebrook Pike UMC FISH Food Pantry	Open		http://www.fishpant ry.org/index.php?pag e=pantry_locations	food pantry & clothing	Food pantry: Tuesday, Thursday, & fourth Saturday: 10:00 am - 1:00 pm. No ID required. They serve everyone. Will be closed if the schools for bad weather.
Montgomery Village Baptist Center	Open	http://www.parkwest.org	https://www.facebo ok.com/parkwestchu rch/	Knoxville Dream Center mobile food truck	On-site Knoxville Dream Center mobile food pantry truck Wednesday: 1:30pm - 2:30 pm. Church parking lot. One household per vehicle served unless there are multiple representatives per car. Maximum three households per vehicle. Every household receives the same amount regardless of household size.
New Beginnings Baptist Church	Open	Julie/Josh dutchvalley3@gmail.com	https://www.facebo ok.com/Park-West- Church-Dutch-Valley- 193705624298047/	Knoxville Dream Center Mobile food truck	On-site Knoxville Dream Center mobile food pantry truck. Tuesdays 11:00- 11:30 AM. Church parking lot. One household per vehicle served unless there are multiple representatives per car. Maximum three households per vehicle. Every household receives the same amount regardless of household size.



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New Life UMC	Open	Drema Bowers Director of Student Care and Advocacy 539-7346  Sandra F. Davis Student Care and Advocacy Assistant 539-7417	http://www.pstcc.ed u/advocacy/pantry.p hp		Must be Pellissippi student or staff. Complete an application. Orders are filled by ID number (not by name). Orders may be picked up once per month. Clients campus (Blount County, Hardin Valley, or Magnolia Avenue). Clients receive a five-day supply of food.
Northwest Knoxville FISH Pantry	Open	Donna Wright 971-4906. donna.wright@uss.salvationar my.org	https://www.salvatio narmyknoxville.org	food pantry	Call for appt. Open M-W-F, from 1-4 PM. Clients can access the pantry once every 6 weeks. Need ID, SS# and proof of residence such as a utility bill. For emergencies, call the office.
Park West Church	Open	Jessica Popek. jpopek@schas.org	https://schas.org/s-o- s-program	grocery delivery (client pays for groceries)	See web site. Free grocery delivery to persons who have compromised immune systems, disabled, or are age 60 or older. Client pays for groceries. One order per week. Maximum 25 items. 48-hour delivery on weekdays. No delivery on weekends. Food, tolitries, essentials. No prescriptions, non-essentials, alcohol, or tobacco. Available through 09/2021. Can assist people clients with SNAP cards for these services.
Park West Church Dutch Valley Campus	Open	info@secondharvestetn.or	https://secondharves tetn.org/find-a-food- pantry/	list of food pantries & telephone numbers	They provide food to 630 partners, including food pantries, homeless shelters and churches, in 18 E. TN counties. See their attachhed website for a list of those partners if a client needs to find a food pantry near them.



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Pellissippi State College - Pellissippi Pantry	Open	Kaitlyn Fox 255-8276 (private #). smokeyspantry@gmail.com	https://smokeyspant ry.wordpress.com	food bag	Recommend call first for first time clients. No qualifying ID required Walk -in Tuesday 4:00pm - 6:00pm. FISH pantry. Not restricted to UT students or staff. Non-perishables and some persishables when they have them. Open until the UT spring semseter ends in mid-May.
Redeemer Church of Knoxville	Open	Pastor Jerry Laudermilk pastor@skcog.com	http://skcog.com	food pantry	Open by telephone appointment only. Pick-ups from 9AM-3PM, M-Thu. Once a month per household. Must show ID and prrof of residence such as phone or utility bill.
Roseberry Baptist Church	Open		http://www.fishpant ry.org/index.php	food pantry	Wednesday & Friday: 10:00am - 1:00pm  No ID required, they serve everyone. They will be closed if the schools are closed for bad weather.
Salvation Army	Open	Tina Gilreath. tina@thegroveknox.org	https://thegroveknox .org/market/	food pantry	Third Saturday 10:00am – 12:00pm. Identification is not required. They sometimes have food left over so clients can call and check.
Senior Citizen Home Assistance Program (SCHAS)	Open	Chad Burchett contact@knoxtrinity.org	https://www.knoxtri nity.org	food bags	Wednesdays 10:00am - 2:00pm. One bag of groceries per household per month.
Second Harvest	Open	washingtonpike umc@comcast.n et	https://www.washingtonpikeumc.org	food pantry- drive thru	Thursdays 9:00 am - 11:00am. Zip codes 37914 and 37917. Can pick up food once a month.
Smokey's Pantry	Open	Kara Finger. kara@wesleyhouseknox.org	https://www.wesley house.com	food pantry	Childcare for essential employees and food pantry for program participants. Monday - Friday: 8:30am -5:30pm for childcare and for food pantry. WH makes weekly deliveries of food and household items to seniors and persons who do not have transportation. No ID required, they serve everyone.



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South Knoxville Church of God	Open	Shannon Washam baptistcenter@aol.com	https://www.kcab.or g/western-heights- baptist-center	food & clothing	Tuesday & Thursday: 9:00am - 12:00pm.
South Knoxville FISH Hospitality Pantry	Open	Joe Brawley joseph.brawley@att.net	https://whitestonech urch.org	food pantry - drive thru	Second Saturday 9:00am - 12:00pm & fourth Tuesday 4:30pm - 6:30 pm. Families served once per month. All zip codes served. We are a drive through pantry.
Strawberry Plains UMC	Open	Amy Bliss amy@myWoodlawn.org	https://mywoodlawn .org	food pantry	Monday - Friday: 9:00am - 4:00pm. Zip code 37920. Clients must call South Knoxville CAC office first (577-7591) for referral.
The Grove Church/Knoxville Free Food Market	Open	Gina Spradlin gina@crbchurch.com	http://www.callahan. church	food bag - drive thru	Then, open every second Tuesday 5:00pm - 6:00pm.
The Lord's Child -Food Pantry	Open	Lisa Atkins. office@colonialheightsumc.or g	https://chumcknox.c	Drive thru meals	Everyone is welcome. Lunch on the last Sat of each month from 11AM - 1PM or until they run out of food. And the 2nd Wednesday (Starting Feb 10th) from 5:00PM - 6 PM or until they are out food. They plan on having 50 meals (limit of 6 meals)
Calvary Baptist Church	Open	Melissa Fesler melissa@knoxcalvary.com	https://knoxcalvary.c	food bag - drive thru	Tuesday 9:00am – 12:00pm. One bag of groceries per household every three months. All zip codes. Proof of identity is required.
Knox Area Rescue Ministries	Open		https://karm.org	NOT a food pantry. Daily meals for the homeless and those in crisis	Breakfast: 6:30am - 7:45 am. Lunch: 11:30am - 12:45pm. Dinner: 4:30pm - 5:45pm. Must have ID. If no ID, they will still give a meal to go.
Powell United Methodist Church	Open	Brad Hyde, Pastor	https://powellchurch	food bag - drive thru	Monday - Friday: 9:00am - 10:00am & third Saturday 9:00am - 12:00pm. Require proof of address. Household can get food once per month.
Saint James Episcopal Church	Open	523-5687 Marilyn Canady. Office@stjamesknox.org	https://stjamesknox.c	food pantry	Every other Saturday. Call 523-5687 to verify that it is the right Saturday. Serves immediate neighborhood & contiguous zip codes (37912, 37914, 37915, 37918, 37919, 37921). Prrof of address is required.



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South Knoxville Baptist Church	Open	Dave Johnson 850-0570	http://soknobaptist.o	food box	Second & fourth Saturdays: 1:00pm - 3:00pm. Delivery may be available in south Knoxville area.
Grassy Valley Community Food Pantry. Grassy Valley Baptist Church	Open	Jerry Massey 773-0116. foodpantry@grassyvalley.org	http://www.grassyvalle y.org/ministries/food- pantry	Food drive through	Accepting donations: Tuesday and Thursday 9 AM-2 PM. Offering food on the 1st and 3rd Thursday of each month from 10 AM-2 PM. Show picture ID and last 6 #s of your SS #. Emergency food: M-F 10 AM - 2PM but must call 865 773-116 first.
Trinity UMC	Open	Mike Buckley, 719-6792. mikebuckley@laurelcc.org	https://www.laurelcc .org	meals at VMC	Plan to re-open the church on Feb 7. Then, On the second Tuesday of each month, resuming cooking lunch at Volunteer Ministry Center, 511 N Broadway, from 11:45am. to 12:30pm.