

Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

		Contact Name and				
Organization	Status	Email	Contact Info	Website	Services Offered	Notes:
Beacon of Hope	Open	Dona McConnell beaconofhope vestal@gmail.com	599-5047; 900 Henley St. 37902	https://www.church streetumc.org/beaco n-of-hope/	food co-op, clothing, toiletries, & household items,	Food Co-Op (not a food pantry) is members only.
Beaver Dam Baptist	Open	Adrian Burnette info@bdbc.org	922-2322; 4328 E Emory Rd. 37938	https://www.bdbc.or	food bag - drive thru	Final Tuesday 5:30pm - 6:30pm. Zip Codes: 37938, 37918, 37849. Address verification required.
Beaver Ridge UMC	Open	Leslie Little deanleslielittle@gm ail.com	690-1060; 7753 Oak Ridge Hwy. 37931 https://www.beaverrid geumc.org/missions	https://www.beaver ridgeumc.org	food pantry	Monday 1:00pm - 2:00pm. Normally serves clients within 37931 zip code and limits distribution to once per family per month. One family served at a time.
Bethany Baptist Church	Open	Pastor Wright pastormww@comc ast.net (865) 257-1110	522-1004; 908 Bluff Blvd. 37917	No web site	food bag - drive thru	Call church office to see whether any food distributions are scheduled (most recent distribution was August 8).
Broadway Baptist	Open	Laura	524-2575; 815 N Broadway St. 37917	http://www.broadw aybaptistknoxville.co m	food pantry	By appointment only. Telephone church office during office hours to schedule. Distributions on Wednesdays 9:30am - 12:30pm.
Callahan Road Baptist	Open	Gina Spradlin gina@crbchurch.co m	938-3410; 1317 Callahan Dr. 37912	http://www.callahan .church	food bag - drive thru	Second Tuesday 5:00pm - 6:00pm.
Calvary Baptist Church	Open	Melissa Fesler melissa@knoxcalva ry.com	523-9419; 3200 Kingston Pike 37919	https://knoxcalvary.com/	food bag - drive thru	Tuesday 9:00am – 12:00pm. One bag of groceries per household every three months. All zip codes. Proof of identity is required.
Change Center	Open		951-1567; 203 Harriet Tubman St. 37915	https://www.change centerknoxville.com	pizza distribution	No future "grab and go" pizza distributions are scheduled.
Children of God Ministries	Open	Alice Allen	544-1730; 309 Deaderick Ave. 37921	https://www.childre nofgodministries.org /missions	food pantry & clothing	Fourth Saturday 1:00pm - 3:00pm.
Church Street UMC	Open	Reverend Palmer Cantler	524-3048; 900 Henley St. 37902	https://www.church streetumc.org	food bag - drive thru	Thursday from 11:00am until food runs out (usually by 11:30am)



Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

		Contact Name and				
Organization	Status	Email	Contact Info	Website	Services Offered	Notes:
Cokesbury UMC/Manna House	Open	Katie McIlwain kmcIlwain@cokesb ury.tv	693-0353; 9915 Kingston Pike 37922. Wesley House - 1719 Reynolds St. 37921. Susannahs House - 923 Dameron Ave. NW, 37921	https://www.cokesb ury.tv/mannahouse/	food bag - drive thru	9919 Kingston Pike - drive down the left side of the building Tuesday, Thursday, & Saturday: 9:00am – 11:00am. Photo ID & document with SSN required. Once every 30 days per household. Mobile Manna House: Mondays & Tuesdays: 9:00 - 10:30 at Wesley House & 11:00 - 12:30 at Susannahs House.
Compassion Ministries Cornerstone Church of God	Open	Robin Rolland robin@compassion ministries.net	755-9512; 12813 Kingston Pike, Farragut 37934	https://compassion ministries.net/	food bag - drive thru	September 17: 3:00pm - 4:30pm.
Corryton Hospitality Pantry	Open		687-8438; 815 Corryton Rd., Corryton 37721	https://www.rutherf ordmemorialumc.co m/	food bag - drive thru	Second and fourth Thursdays: 9:00am - 12:00pm. Drive-thru. Photo ID and proof of income required (SNAP card, for example). See Rutherford Memorial UMC.
Crossroads Presbyterian/Halls Welfare Ministry	Open	Mike Biggs mike.biggs@knoxsc hools.org	922-9412; 4329 E Emory Rd. 37938	https://www.crossro adschurchpcusa.org/ outreach	food pantry	Second Tuesday 6:00pm & fourth Saturday 10:00am. Follows Second Harvest rules. ID not required. All zip codes. Families served twice/month. Emergency call 922-9412. Church will try to get food.
East Knoxville FISH Hospitaliy Pantry	Open		522-3474; St. Luke's Episcopal, 600 S Chestnut St. 37914 FISH Office: 247-0521	http://www.fishpant ry.org/index.php?pa ge=pantry locations	food pantry	Monday & Wednesday: 10:00am - 1:00pm at 600 S Chestnut St. (St. Luke's Episcopal Church)
Emerald Avenue United Methodist Church	Open	Pastor Dennis Loy Rebecca Jones	523-7150; 1620 N Central St. 37917	http://www.emerald aveumc.org	food pantry	Monday & Wednesday: 10:00am - 11:30am Zip codes 37917 & 37921. Families may come once a month. Sometimes able to provide food for homeless persons (call first).
Faith Lutheran Church – Shepherd of Hope Food Pantry	Open		966-9626; 225 Jamestowne Blvd. Farragut 37934	https://www.faithlov es.org/shepherd-of- hope-food-pantry/	food pantry	First Monday 3:00pm – 5:00pm & third Monday 3:00pm – 7:00 pm. Need SS card & photo ID. Families served once per month.
Farragut Christian Church	Open	Dana Cunningham 966-5224	966-5224; 138 Admiral Rd. Farragut 37934	https://farragutcc.co m	food pantry	Thursdays (except holidays) 6:00pm - 7:30pm. Families receive two bags of food per month.
First Baptist Downtown	Open	info@fbcknox.org	546-9661; 510 W Main St #2539, 37902	http://fbcknox.org/	FISH food pantry & food co-op	FISH pantry: first Sunday 8:00am - 1:00pm; Food co-op: every other Tuesday 9:00am - 1:00pm. Drive-through.



Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

Organization	Status	Contact Name and Email	Contact Info	Website	Services Offered	Notes:
First Presbyterian Church	Open	Ŭ	37902	http://www.fpcknox. org/ministries/missio ns/local/fish-pantry/	FISH food pantry	First Tuesday (except holidays) 9:00am.
Fountain City Ministry Center	Open	lkellv@tcministrv.or		https://www.fcminis try.org	food pantry & childrens' clothing	Open 2:00pm – 4:00pm 09/15, 09/17 & 09/18 Open 6pm - 7:00pm on 09/16. Proof of residence, SS card and photo ID required. Families eligible once per week that FMC is open. Usually zip codes served are 37721, 37917, 37918, 37912, 37938, 37849, & 37924.
Good Samaritan Center - Knoxville First Seventh-Day Adventist	Open	Seventh-Day	· · · · · · · · · · · · · · · · · · ·	https://www.knoxvill efirstsda.com/	food pantry & clothing	Second Tuesday & fourth Tuesday: 3:30pm - 5:30 pm



Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

Organization	Status	Contact Name and Email	Contact Info	Website	Services Offered	Notes:
Halls Welfare Ministry/Crossroads Presbyterian - see above	Open	Mike Biggs mike.biggs@knoxsc hools.org	922-8412; 4329 E Emory Rd. 37938	https://www.crossro adschurchpcusa.org	food pantry	Second Tuesday 6:00pm & fourth Saturday 10:00am. Follows Second Harvest rules. No ID or zip code required. Family can come twice/month. Emergency call 922-9412. Church will try to get food.
Hope Kitchen	Open	Paul Ritter; paul@ccetn.org	684-1899; 1041 N Central S. 37917 (Holy Ghost Catholic Church)	https://ccetn.org	grab & go food	Fourth Saturday: 9:00 - 12:00pm
Knox Area Rescue Ministries	Open		546-6363; 418 N Broadway St. 37917	https://karm.org	daily meals	Breakfast: 6:30am - 8:00 am. Lunch: 11:15am - 1:00pm. Dinner: 4:45pm - 6:00pm.
Knox County Schools	Open	Brett Foster 594- 3640; brettfoster@knoxsc hools.org	594-1800; 912 S Gay St. 37902	https://www.knoxsc hools.org/mealinfo	food distribution for students of KCS (in- person students & online students)	https://www.knoxschools.org/site/handlers/filedownload.ashx?moduleinstanceid=57016&dataid=110087&FileName=Virtual%20Student%20Meal%20Flyer.pdf
Knoxville CAC	Open	Judith Pelot Judith.Pelot@knoxs eniors.org	546-3500	http://www.knoxcac. org/newweb/wp- content/uploads/202 0/08/CAC-Grab-and- Go-locations-Aug 2020-1-page- flyer.pdf	grab & go food	Commodities will be distributed Saturday 09/12 from 10am - 2pm at O'Connor Center. Commodities will be distributed on Monday 09/14 from 10am - 2pm at South Community Center. Bring identification - driver's license or mail with correct address. Eligibility is determined at distribution site.
Knoxville Free Food Market	Open	The Grove Church	922-0261; 6709 Maynardville Pike 37918	https://thegrovekno x.org/market/	food market	Third Saturday 10:00am – 12:00pm. https://www.facebook.com/thegroveknox/
Ladies of Charity	Open		247-5790; 120 W Baxter Ave. 37917	https://www.ladieso fcharityknox.org/foo d-assistance	food package (3-days)	Drive-thru. Telephone for appointment. Application, Social Secuity cards for all household residents, and identification are required. Can complete application at time of appointment.
Laurel Church of Christ	Open		524-1122; 3457 Kingston Pike 37919	https://www.laurelc c.org	meals at VMC	On the second Tuesday of each month, Laurel members cook and serve lunch at Volunteer Ministry Center, 511 N Broadway, from 11:45am. to 12:30pm.
Lonsdale United Methodist Church	Open		522-7257; 3002 Galbraith St. 37921		food pantry	Third Tuesday: 1:00pm - 3:00pm



Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

		Contact Name and	_			
Organization	Status	Email	Contact Info	Website	Services Offered	Notes:
Lost Sheep Ministries / Dream Center	Open		688-9636; 1444 Breda Dr. 37918	https://www.knoxvill edreamcenter.org	food truck - drive thru	Food Truck is drive-thru. Call for times. Monday - West Lonsdale Baptist Church 11:00am & The Pines Apartments 1:30pm Tuesday - Park West Church Dutch Valley 11:00am & Overcoming Believers Church 1:00pm. Wednesday - Inskip Baptist Church 10:30am & Park West Church Middlebrook Pike 1:30pm. Thursday - Village Church 11:00am. Friday - Natures Cove 10:30am. Under the Bridge Ministries (UTB) provides hot meal and clothes. Every Wednesday night the UTB medical team can provide basic medical treatment, first aid, and check vitals if requested. Twice a month UTB provides dental services in a mobile trailer. Prayer team pray with those who want prayer and facilitate long term treatment and care for persons who want off the streets.
Love Kitchen	Open	thelovekitchen@g mail.com	546-3248; 2418 Martin Luther King Jr Blvd. 37915		lunches, food delivery & food pantry	Lunches - Wednesday & Thursday: 1:30pm. Meal deliveries - Thursday: 11:30am. Food Pantry - Wednesday: 4:00pm. Bring a valid ID if available. Clients must call 865-546-3248 on Wednesday between 12:00pm and 1:00pm AND speak to a Love Kitchen representative. Voice message is NOT sufficient.
Metropolitan Community Church	Open	C. B. Morrison office@mccknoxvill e.org	531-2539; 7820 Redeemer Ln. 37919	https://www.mcckn oxville.org	food bag	Telephone first. Thursday: 10:00am - 12:00pm. First come, first served. Non-perishable items only. Food is put in a bag by the door. Telephone church to ask whether delivery is available. Delivery priority is given to people living close to the church.
MIddlebrook Pike UMC FISH Food Pantry	Open	Elizabeth Long ealong@utk.edu (865) 566-7516 cell	690-8641; 7234 Middlebrook Pike 37909	http://middlebrookp ike.com/our- programs/	FISH food bank - drive thru	Fourth Friday 9:00am - 12:00pm or until food runs out. Drive thru.



Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

Organization	Status	Contact Name and Email	Contact Info	Website	Services Offered	Notes:
Montgomery Village Baptist Center	Open	Tom Hodges 577- 6244 mybaptistcenter@g mail.com	693-9097; 4601 Joe	https://www.kcab.or g/montgomery- village-baptist-center	meals, food bags & clothing	Monday: emergency food bags: 1:00pm - 3:00pm Tuesday: worship service and market: 10:00am - 11:45am Wednesday: emergency food bags: 9:00am - 12:00pm Thursday: worship service and meal: 10:30am - 12:00pm emergency food bags: 1:00pm - 3:00pm Friday: clothing room: 9:45am - 11:45am
New Beginnings Baptist Church	Open	Gwendolyn Muholland & Jim Mulholland nbbcfoodpantry@g mail.com	248-837-9183 or 865- 951-3591	https://www/Facebo ok.com/nbbbcfoodp amntry	food pantry and clothing closet	First Saturday & third Saturday: 9:00am - 12:00pm (second Saturday and fourth Saturday in October, 2020). Clients complete a brief information sheet. Emergency food service may be available by contacting contact persons.
New Life UMC	Open	Lisa Atkins NewLifeUMCKnoxvi lle@gmail.com	546-5153; 7921 Millertown Pike 37924	https://www.newlife umcknoxville.com/	food bag	Fourth Tuesday 10:00am - 12:00pm. Food is distributed outside of the building. Two bags of food per household.
Northwest Knoxville FISH Pantry	Open		FISH Hospitality Pantries 971-4000; 122 W Scott Ave. 37917	http://www.fishpant ry.org/index.php?pa ge=pantry_locations	food pantry & clothing	Food pantry: Tuesday, Thursday, & fourth Saturday: 10:00 am - 1:00 pm. Food deliveries: 523-7900. Clothing: Monday - Saturday: 10:00am - 5:00pm at 122 W Scott Ave. 37917 or 1508 N. Central St. 37917 (corner of Central St. & Woodland Ave., one block north of Scott Ave.)
Nourish Knoxville	Open	info@nourishknoxv ille.org	805-8687; various sites	https://www.nourish knoxville.org/events/ https://www.nourish knoxville.org/covid- 19/		https://www.nourishknoxville.org/events/
Park West Church	Open	http://www.parkw est.org	963-0144; 7635 Middlebrook Pike 37909	https://www.facebo ok.com/parkwestchu rch/	mobile food pantry	On-site KDC mobile food pantry Wednesday: 1:30pm - 2:30 pm. Church parking lot. One household per vehicle served unless there are multiple representatives per car. Maximum three households per vehicle. Every household receives the same amount regardless of household size.



Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

Organization	Status	Contact Name and Email	Contact Info	Website	Services Offered	Notes:
Park West Church Dutch Valley Campus	Open	Idutchvallev3@gmai	688-8711; 1416 Breda Dr. 37918	https://www.facebo ok.com/Park-West- Church-Dutch-Valley- 193705624298047/	food truck	Tuesdays: 11:00. See Dream Center https://knoxvilledreamcenter.org/covid-19-update
Pellissippi State College - Pellissippi Pantry	Open	Drema Bowers Director of Student Care and Advocacy 539-7346 Sandra F. Davis Student Care and Advocacy Assistant 539-7417	539-7346	http://www.pstcc.ed u/advocacy/pantry.p hp		Must be Pellissippi student or staff. Complete an application. Orders are filled by ID number (not by name). Orders may be picked up once per month. Clients campus (Blount County, Hardin Valley, or Magnolia Avenue). Clients receive a five-day supply of food.
Positively Living (Choice Health Network)	Call Only		525-1540; 900 E Hill Ave. #280, 37915	https://choicehealth network.org	financial assistance for food purchase	Office hours: Monday - Thursday: 9:00 am – 5:00pm & Friday 9:00am – 12:00pm. Clients must be a TN resident diagnosed with HIV/Aids & have annual income that is less than 400% of the federal poverty line. Food and other assistance
Powell United Methodist Church	Open		938-2741; 323 W Emory Rd. Powell 37849	https://powellchurch	food bag - drive thru	Monday - Friday: 9:00am - 10:00am & third Saturday 9:00am - 12:00pm. Require proof of address. Household can get food once per month.
Redeemer Church of Knoxville	Open	Josh McQuaid; office@redeemerk noxville.org	524-4552; 1642 Highland Ave 37916	https://www.redee merknoxville.org/city serve	food box	September 10 & 24, October 8 & 22, November 12 & 24, December 10 & 22: 4pm - 6pm
Roseberry Baptist Church	Open		933-3831; 2920 Roseberry Rd. 37806	http://roseberrybapt ist.org/	food pantry	APPOINTMENT REQUIRED. Call Monday - Thursday from 8:30am - 2:00 pm to schedule appointment. Open Wednesdays at 6:00 pm. Household can get food once per month.



Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

Organization	Status	Contact Name and Email	Contact Info	Website	Services Offered	Notes:
Saint James Episcopal	Open	523-5687 Marilyn Canady mcanady@stjames knox.org	523-5687; 1101 N Broadway St. 37917	https://stjamesknox.c	food pantry	Every other Saturday. Call 523-5687 Tuesday - Thursday, 10:00am - 2:00pm to verify that it is the right Saturday. Serves immediate neighborhood & contiguous zip codes (37912, 37914, 37915, 37918, 37919, 37921).
Salvation Army	Open		525-9401; 409 N Broadway St. 37917	https://www.salvatio narmyknoxville.org	food bag	APPOINTMENT REQUIRED. Call 525-9401. Pick-ups are scheduled for Monday, Wednesday, or Friday: 1:00pm - 4:00pm.
SCHAS Senior Citizen Home Assistance Program	Call Only		769-4170 / 523-2920	https://schas.org/s-o-s-program	grocery delivery (client pays for groceries)	See web site. Free grocery delivery to persons who have compromised immune systems or are age 62 or older. Client pays for groceries. One order per week. Maximum 25 items. 48-hour delivery on weekdays. No delivery on weekends. No prescriptions, non-essentials, alcohol, or tobacco. Available through 06/2021.
Second Harvest	Open	info@secondharves tetn.or	521-000; 136 Harvest Ln. Maryville 37801	https://secondharve stetn.org/find-a-food pantry/	list of food pantries & telephone numbers	Lists food pantries & telephone numbers to call for information.
Smokey's Pantry	Open		824-1235; 824 Melrose Pl. 37916 (Tyson House)	https://smokeyspant ry.wordpress.com	food bag	Open Tuesdays 4:00pm - 6:00pm. FISH pantry. Not restricted to UT students or staff.
South Knoxville Baptist Church	Open	Pastor Rick Phipps 3	573-1973; 522 Sevier Ave. 37920	http://soknobaptist.	food box	Second & fourth Saturdays: 1:00pm - 3:00pm. Delivery may be available in south Knoxville area.
South Knoxville Church of God	Open	Pastor Jerry Laudermilk office@skcog.com	573-4141; 5623 Magazine Rd. 37920	http://skcog.com	food pantry	Open by telephone appointment only.
South Knoxville FISH Hospitality Pantry	Open	-	247-0521; 201 Ogle St. 37920 (inside Sustainable Future Center building)	http://www.fishpant ry.org/index.php	food pantry	Wednesday & Friday: 10:00am - 1:00pm Food deliveries call 523-7900



Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

		Contact Name and				
Organization	Status	Email	Contact Info	Website	Services Offered	Notes:
Strawberry Plains UMC	Open	Rev. Doug Jennings: preacherjennings@ gmail.com	933-8583; 3173 W Old Andrew Johnson Hwy. Strawberry Plains 37871	http://www.strawbe rryplainsumc.org/wp	food pantry	First Thursday & third Thursday: 10:00am - 11:00am & 7:00pm - 8:00 pm
Susannahs House	Open	Sarah Jones	200-4759; 923 Dameror	http://www.susanna hshouse.org	food bag	Mobile Manna House distribution site - Monday 11:00am - 12:30 pm & Tuesday 11:00am - 12:30 pm
The Grove Church/Knoxville Free Food Market	Open		922-0261; 6709 Maynardville Pike 37918	https://thegrovekno x.org/market/	food pantry	Third Saturday 10:00am – 12:00pm. Identification is not required.
The Lord's Child -Food Pantry	Open	Pastor David May contact@thelordsc hild.com	868-5200; 8729 Chapman Hwy. 37920	https://www.thelord schild.org/homepage	food bags	Thursdays 10:00am - 2:00pm or until food runs out. Curbside delivery. Bring government-issued photo ID with current address. Also bring declaration of income OR proof of participation in one of the following: SNAP food stamps, Families First, SSI benefits, LIHEAP, public housing residency. The restriction of serving only residents in the South Knoxville and Seymour zip codes is waived during COVID -19.
Trinity UMC	Open	Chad Burchett contact@knoxtrinity.org	588-5763; 5613 Western Ave. 37921	https://www.knoxtri nity.org	food bags	Wednesdays 10:00am - 2:00pm. One bag of groceries per household per month.
Washington Pike UMC	Open		523-0603; 2241 Washington Pike 37917	https://www.washin gtonpikeumc.org	food pantry	Thursdays 9:00 am - 11:00am. Zip codes 37914 and 37917.
Wesley House	Open	Kara Finger	524-5494; 1719 Reynolds St. 37921	https://www.wesley house.com	food pantry	Childcare for essential employees and food pantry for program participants. Monday - Friday: 7:30am -5:30pm for childcare and for food pantry. WH makes weekly deliveries of food and household items to seniors and persons who do not have transportation. Mobil Manna House - Mondays & Tuesdays: 9:00 - 10:30.
West End Church of Christ	Open	Denise McAllister, Church Secretary	693-0801; 8301 E Walker Springs Ln. 37923	https://www.wecoc.	food pantry	Monday – Thursday: 9:00am – 11:00am & 1:00pm – 3:00pm food pick up by calling 693-0801 during COVID-19. Families served every two weeks. Need name, address, & phone number.



Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

		Contact Name and				
Organization	Status	Email	Contact Info	Website	Services Offered	Notes:
West Park Baptist Church	Open	Al Cage, Pastor Community Care	690-0031; 8833 Middlebrook Pike 37923	https://www.westpa rkbaptist.org	food pantry	Tuesday and Friday: 2:00pm - 4:00pm
Western Heights Baptist Center	Open		Scott Ave. 37921	https://www.kcab.or g/western-heights- baptist-center	food & clothing	Tuesday & Thursday: 9:00am - 12:00pm.
White Stone Church	Open	linsenh hrawlev@at	254-6052; 1719 E Emory Rd. 37938	https://whitestonech urch.org	food pantry	Second Saturday 9:00am - 12:00pm & fourth Tuesday 4:30pm - 6:30 pm. Families served once per month.
Woodlawn Christian Church	Open	lamv@mvWoodlaw	573-6721; 4339 Woodlawn Pike 37920	https://mywoodlawn .org	food pantry	Monday - Friday: 9:00am - 4:00pm. Zip code 37920. Clients must call South Knoxville CAC office first (577-7591) for referral.