



COVID 19 Food Resource List

Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

Organization	Status	Contact Name and Email	Contact Info	Website	Services Offered	Notes:
Beacon of Hope	Open	Dona McConnell beaconofhopevestal@gmail.com	599-5047; 900 Henley St. 37902	https://www.churchstreetumc.org/beacon-of-hope/	food co-op	Food Co-Op (not a food pantry) - members only
Beaver Dam Baptist	Open	Adrian Burnette info@bdbc.org	922-2322; 4328 E Emory Rd. 37938	https://www.bdbc.org	food bag	Last Tuesday of the month 5:30pm - 6:30pm. Eligible Zip Codes: 37938, 37918, 37849. Bring address verification. Bag of non-perishable food is put into vehicle. Five e-mails sent to church to inquire about summer Food With Friends. No reply to date.
Beaver Ridge UMC	Open	Leslie Little deanleslielittle@gmail.com	690-1060; 7753 Oak Ridge Hwy. 37931 https://www.beaveridgeumc.org/missions	https://www.beaveridgeumc.org	food pantry	Monday from 1:00pm - 2:00pm. Normally serves clients within 37931 zip code and limits distribution to once per family per month. However, they are currently relaxing those restrictions a bit. One family served at a time.
Callahan Road Baptist	Open	Gina Spradlin gina@crbchurch.com	938-3410; 1317 Callahan Dr. 37912	http://www.callahanchurch	food bag	Second Tuesday from 5:00pm - 6:00pm. Serves all zip codes during COVID-19. Food bag is put into vehicle.
Calvary Baptist Church	Open	Melissa Fesler melissa@knoxcalvary.com	523-9419; 3200 Kingston Pike 37919	https://knoxcalvary.com/	food bag	Tuesdays 9:00am – 12:00pm. One bag of groceries per household every three months. No zip code restrictions. Proof of identity is required.
Change Center	Open		951-1567; 203 Harriet Tubman St. 37915	https://www.changecenterknoxville.com	pizza distribution	Wednesday 4:00pm - 6:00pm and Friday 4:00pm - 6:00pm . "Grab and go" free food events.
Children of God Ministries	Open	Alice Allen	544-1730; 309 Deaderick Ave. 37921	https://www.childrenofgodministries.org/missions	food pantry and clothes	Fourth Saturday 1:00pm - 3:00pm.
Church Street UMC	Open	Reverend Palmer Cantler	524-3048; 900 Henley St. 37902	https://www.churchstreetumc.org	food bag	Thursdays starting at 11:00am until they run out. They typically run out by 11:30am.



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Cokesbury UMC/Manna House	Open	Katie McIlwain kmcllwain@cokesbury.tv	693-0353; 9915 Kingston Pike 37922	https://www.cokesbury.tv/mannahouse/	food bag	9919 Kingston Pike - drive down the left side of the building Tuesday: 9:00am – 11:00am Thursday: 9:00am – 11:00am Saturday: 9:00am – 11:00am Volunteer will bring client a bag of food. Photo ID & document with SSN are required. Once every 30 days per household.
Compassion Ministries Cornerstone Church of God	Open	Robin Rolland robin@compassionministries.net	755-9512; 12813 Kingston Pike, Farragut 37934	https://compassionministries.net/	food bag	July 23: 3:00pm - 4:30pm. Drive thru.
Corryton Hospitality Pantry	Open	rmumc@comcast.net	687-8438; 815 Corryton Rd., Corryton 37721	https://www.rutherfordmemorialumc.com/	food bag	July 23: 9:30am - 12:00pm. Drive-thru. Photo ID and proof of income required. SNAP card will provide that information. See Rutherford Memorial UMC.
Crossroads Presbyterian/Halls Welfare Ministry	Open	Mike Biggs mike.biggs@knoxschools.org	922-9412; 4329 E Emory Rd. 37938	https://www.crossroadschurchpcusa.org/outreach	food pantry	Second Tuesday 6:00pm and 4th Saturday 10:00am. Follows Second Harvest rules. No ID or zip code required. Family can come 2x/month. In emergency call 922-9412. Church will try to get food.
East Knoxville FISH Hospitality Pantry	Open		522-3474; St. Luke's Episcopal, 600 S Chestnut St. 37914 FISH Office: 247-0521	http://www.fishpantry.org/index.php?page=front	food pantry	Mondays 10:00am - 1:00pm & Wednesdays 10:00am - 1:00pm 600 South Chestnut St. (St. Luke's Episcopal Church)
Emerald Avenue United Methodist Church	Open	Pastor Dennis Loy Rebecca Jones	523-7150; 1620 N Central St. 37917	http://www.emeraldaveumc.org	food pantry	Mondays 10:00am - 11:30am & Wednesdays 10:00am - 11:30am. Zip codes 37917 and 37921. Families may come once a month. Sometimes able to provide food for homeless persons (call first).
Faith Lutheran Church – Shepherd of Hope Food Pantry	Open		966-9626; 225 Jamestowne Blvd. Farragut 37934	https://www.faithloves.org/shepherd-of-hope-food-pantry/	food pantry	First Monday 3:00pm – 5:00pm & third Monday 3:00pm – 7:00 pm. Need SS card & photo ID. Families served once per month.



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Farragut Christian Church	Open		966-5224; 138 Admiral Rd. Farragut 37934	https://farragutcc.com	food pantry	Thursdays (except holidays) 6:00pm to 8:00pm. Families receive two bags of food per month. Zip codes: 37922, 37932, 37934.
First Baptist Downtown	Open	info@fbcknox.org	546-9661; 510 W Main St #2539, 37902	http://fbcknox.org/	FISH food pantry and food co-op	FISH pantry: first Sunday 8:00am - 1:00pm; Food co-op: every other Tuesday 9:00am - 1:00pm. Drive-through.
First Presbyterian Church	Open	Pam Teague phone: 523-7900	546-2531; 620 State St. 37902	https://www.fpcknox.org	FISH food pantry	First Tuesday (except holidays) 9:00am.
Fountain City Ministry Center	Open	Kelly Gregory kelly@fcministry.org	688-5000; 5324 N Broadway St. 37918	https://www.fcministry.org	food pantry.	Open 2:00pm – 4:00pm 07/21, 07/23, 7/24. Open 6pm - 7:00pm on 7/22. Proof of residences, SS card and photo ID required. Families eligible once per week that FMC is open. Usually zip codes served are 37721, 37917, 37918, 37912, 37938, 37849, & 37924.
Good Samaritan Center - Knoxville First Seventh-Day Adventist	Open	Knoxville First Seventh-Day Adventist	524-7842; 3611 Kingston Pike 37919	https://www.knoxvillefirstsda.com/	food pantry & clothing	Second Tuesday 3:30pm -5:30 pm & fourth Tuesday 3:30pm - 5:30 pm
Halls Welfare Ministry/Crossroads Presbyterian - see above	Open	Mike Biggs mike.biggs@knoxschools.org	922-8412; 4329 E Emory Rd. 37938	https://www.crossroadschurchpcusa.org	food pantry	Second Tuesday 6:00pm and fourth Saturday 10:00am. Follows Second Harvest rules. No ID or zip code required. Family can come twice/month. Emergency call 922-9412. Church will try to get food.
Knox Area Rescue Ministries	Open		546-6363; 418 N Broadway St. 37917	https://karm.org	daily meals	Breakfast: 6:30am - 8:00 am. Lunch: 11:15am - 1:00pm. Dinner: 4:45pm - 6:00pm.
Knoxville Free Food Market	Open	The Grove Church	922-0261; 6709 Maynardville Pike 37918	https://thegroveknox.org/market/	food market	Third Saturday 10:00am – 12:00pm. https://www.facebook.com/thegroveknox/
Ladies of Charity	Open		247-5790; 120 W Baxter Ave. 37917	https://www.ladiesofcharityknox.org/food-assistance	food package (3-days)	Drive-thru. Telephone for appointment. Application, Social Security cards for all household residents, and identification required. Can complete application at time of appointment.



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Laurel Church of Christ	Open		524-1122; 3457 Kingston Pike 37919	https://www.laurelc.org	meals at VMC	On the second Tuesday of each month, Laurel members cook and serve lunch at Volunteer Ministry Center, 511 N Broadway, from 11:45am. to 12:30pm.
Lost Sheep Ministries / Dream Center	Open		688-9636; 1444 Breda Dr. 37918	https://www.knoxville.dreamcenter.org	food truck	Food Truck is drive-thru. Call for times. Monday - West Lonsdale Baptist Church 11:00am. Tuesday - Park West Church Dutch Valley - 11:00am & Overcoming Believers Church 1:00pm. Wednesday - Inskip Baptist Church 10:30am & Park West Church Middlebrook Pike 1:30pm. Thursday - Village Church 11:00am. Under the Bridge Ministries (UTB) provides hot meal and clothes. Every Wednesday night UTB medical team can provide basic medical treatment, first aid, and check vitals if requested. Twice a month UTB provides dental services in a mobile trailer. Prayer team will pray with those who want prayer and facilitate long term treatment and care for persons who want off the streets.
Love Kitchen	Open	thelovekitchen@gmail.com	546-3248; 2418 Martin Luther King Jr Blvd. 37915	https://thelovekitchen.org	meals, food delivery and food pantry	Lunches - Wednesday and Thursday at 1:30pm. Meal deliveries - Thursday at 11:30am. Food Pantry - Wednesday at 4:00pm. Bring a valid ID if available. Clients must call 865-546-3248 on Wednesday between 12:00pm and 1:00pm AND speak to a Love Kitchen representative. Voice message is NOT sufficient.
Metropolitan Community Church	Open	C. B. Morrison office@mccknoxville.org	531-2539; 7820 Redeemer Ln. 37919	https://www.mccknoxville.org	food bag	Tuesday and Thursday: 9:00am - 1:00pm. First come, first served. Non-perishable items only. Food is put in a bag by the door. All zip codes okay. Call church office to see whether delivery is available. Delivery priority is given to people living close to the church.



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Middlebrook Pike UMC FISH Food Pantry	Open	Elizabeth Long ealong@utk.edu (865) 566-7516 cell	690-8641; 7234 Middlebrook Pike 37909	http://middlebrookpike.com/our-programs/	FISH food bank	Fourth Friday of each month: 9:00am - 12:00pm or until food runs out. Drive thru,
Montgomery Village Baptist Center	Open	865-566-7516	577-6244; 4601 Joe Louis Rd. 37920	https://www.kcab.org/montgomery-village-baptist-center	meal and food bags	Monday: emergency food bags: 1:00pm - 3:00pm Tuesday: worship service and market: 10:00am - 11:45am Thursday: worship service and meal: 10:30am - 12:00pm emergency food bags: 1:00pm -3:00pm Friday : clothing room: 9:45am - 11:45am
New Life UMC	Open	Lisa Atkins NewLifeUMCKnoxville@gmail.com	546-5153; 7921 Millertown Pike 37924	https://www.newlifeumcknoxville.com/	food bag	Fourth Tuesday: 10:00am - 12:00pm. Food is bagged & distributed outside building. Two bags of grocery per household.
Northwest Knoxville FISH Pantry	Open		FISH Hospitality Pantries 971-4000; 122 W Scott Ave. 37917	http://www.fishpantry.org/index.php?page=pantry_locations	food pantry	Tuesday, Thursday, and every fourth Saturday: 10:00 am - 1:00 pm. Food deliveries: 523-7900
Nourish Knoxville	Open	info@nourishknoxville.org	805-8687; various sites	https://www.nourishknoxville.org/events/ https://www.nourishknoxville.org/covid-19/	Web site to locate local farmers' markets & locally grown fresh food.	https://www.nourishknoxville.org/events/
Park West Church	Open	http://www.parkwest.org	963-0144; 7635 Middlebrook Pike 37909	https://www.facebook.com/parkwestchurch/	mobile food pantry	On-site KDC mobile food pantry Wednesday: 1:30pm - 2:30 pm. Church parking lot. One household per vehicle served unless there are multiple representatives per car. Maximum three households per vehicle. Every household receives the same amount regardless of household size.



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Park West Church Dutch Valley Campus	Open	Julie/Josh dutchvalley3@gmail.com	688-8711; 1416 Breda Dr. 37918	https://www.facebook.com/Park-West-Church-Dutch-Valley-193705624298047/	food truck	See Dream Center https://knoxvilledreamcenter.org/covid-19-update
Pellissippi State College - Pellissippi Pantry	Open	Drema Bowers Director of Student Care and Advocacy (865) 539-7346 Sandra F. Davis Student Care and Advocacy Assistant (865)539-7417	539-7346; Pick up available at all five campuses including Blount Co.	http://www.pstcc.edu/advocacy/pantry.php	food bag	Must be Pellissippi student or staff. Complete an application. Orders are filled by ID number (not by name). Orders may be picked up every other week and clients can select campus. Each order is a three-day supply of food for each household member. The orders include prepackaged food and fresh organic produce from Hardin Valley Campus Garden.
Positively Living (Choice Health Network)	Call Only		525-1540; 900 E Hill Ave. #280, 37915	https://choicehealthnetwork.org	food assistance	Office hours: Monday - Thursday: 9:00 am – 5:00pm & Friday 9:00am – 12:00pm. Clients must be a TN resident diagnosed with HIV/Aids and have annual income that is less than 400% of the federal poverty line. Food and other assistance
Powell United Methodist Church	Open	Brad Hyde, Pastor	938-2741; 323 W Emory Rd. Powell 37849	https://powellchurch.org	food bag	Monday - Friday: 9:00am - 10:00am & third Saturday 9:00am - 12:00pm. Require proof of address. Household can get food once per month. Drive-thru.
Roseberry Baptist Church	Open		933-3831; 2920 Roseberry Rd. 37806	http://roseberrybaptist.org/	food pantry	APPOINTMENT REQUIRED. Call Monday - Thursday from 8:30am - 2:00 pm. to schedule appointment time. Open Wednesdays at 6:00 pm. Household can get food once per month.
Saint James Episcopal	Open	523-5687 Marilyn Canady mcanady@stjamesknox.org	523-5687; 1101 N Broadway St. 37917	https://stjamesknox.org	food pantry	August hours TBD. Serves immediate neighborhood and contiguous zip codes (37912, 37914, 37915, 37918, 37919, 37921).



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Salvation Army	Open		525-9401; 409 N Broadway St. 37917	https://www.salvationarmyknnoxville.org	food bags	Pick-ups will be scheduled for Monday, Wednesday, or Friday between 1:00pm and 4:00pm. APPOINTMENT REQUIRED. Call 525-9401.
SCHAS Senior Citizen Home Assistance Program	Call Only		769-4170 / 523-2920	https://schas.org/sos-program	grocery delivery (client pays for groceries)	See web site. Grocery delivery to persons who have compromised immune systems or are age 62 or older. Free delivery. Client pays for groceries. One order per week. Maximum 25 items. 48-hour delivery on weekdays. No delivery on weekends. No prescriptions, alcohol or tobacco. Available through 06/2021.
Second Harvest	Open	info@secondharvesttn.org	521-000; 136 Harvest Ln. Maryville 37801	https://secondharvesttn.org/find-a-food-pantry/	list of food pantries and telephone numbers	Lists food pantries and telephone numbers to call for more information.
South Knoxville Baptist Church	Open	Pastor Rick Phipps	573-1973; 522 Sevier Ave. 37920	http://soknobaptist.org	food box	Second and fourth Saturdays: 1:00pm - 3:00pm. Delivery may be available in south Knoxville area.
South Knoxville FISH Hospitality Pantry	Open		247-0521; 201 Ogle St. 37920 (inside Sustainable Future Center building)	http://www.fishpantry.org/index.php	food pantry	Wednesday & Friday: 10:00am - 1:00pm To have food delivered call 523-7900
Strawberry Plains UMC	Open	Rev. Doug Jennings: preacherjennings@gmail.com	933-8583; 3173 W Old Andrew Johnson Hwy. Strawberry Plains 37871	http://www.strawberryplainsumc.org/wp/	food pantry	First Thursday & third Thursday: 10:00am - 11:00am & 7:00pm - 8:00 pm
The Grove Church/Knoxville Free Food Market	Open		922-0261; 6709 Maynardville Pike 37918	https://thegroveknox.org/market/	food pantry	Third Saturday 10:00am – 12:00pm. No qualification process for food. Identification is not required.



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The Lord's Child -Food Pantry	Open	Pastor David May contact@thelordsc hild.com	868-5200; 8729 Chapman Hwy. 37920	<a href="https://www.thelordsc
hild.org/homepage">https://www.thelordsc hild.org/homepage	food bags	Thursdays 10:00am - 2:00pm or until food runs out. Curbside delivery. Bring government-issued photo ID with current address. Also bring declaration of income OR proof of participation in one of the following: SNAP food stamps, Families First, SSI benefits, LIHEAP, public housing residency. The restriction of serving only residents in the South Knoxville and Seymour zip codes is waived during COVID -19.
Trinity UMC	Open	Chad Burchett contact@knoxtrinity.org	588-5763; 5613 Western Ave. 37921	https://www.knoxtrinity.org	food bags	Wednesdays 10:00am - 2:00pm. No zip code restrictions. One bag of groceries per household per month.
Washington Pike UMC	Open		523-0603; 2241 Washington Pike 37917	https://www.washingtonpikeumc.org	food pantry	Thursday mornings from 9:00 am - 11:00am. Serves persons in 37914 and 37917.
Wesley House	Open	Kara Finger	524-5494; 1719 Reynolds St. 37921	https://www.wesleyhouse.com	food pantry	Childcare for essential employees and food pantry for program participants. Monday - Friday: 7:30am -5:30pm for childcare and for food pantry. WH makes weekly doorstep deliveries of food and household items to seniors and persons who do not have transportation.
West End Church of Christ	Open	Denise McAllister, Church Secretary	693-0801; 8301 E Walker Springs Ln. 37923	https://www.wecoc.org	food pantry	Monday – Thursday: 9:00am – 11:00am and 1:00pm – 3:00pm food pick up by calling 693-0801 during COVID-19. Clients may request food every two weeks. No residence requirement. Need name, address, phone number.
Western Heights Baptist Center	Open	Shannon Washam baptistcenter@aol.com	525-9068; 1230 W Scott Ave. 37921	https://www.kcab.org/western-heights-baptist-center	food and clothing	Tuesday & Thursday 9:00am - 12:00pm.



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White Stone Church	Open	Joe Brawley joseph.brawley@at t.net	254-6052; 1719 E Emory Rd. 37938	https://whitestonechurch.org	food pantry	Second Saturday 9:00am - 12:00pm and fourth Tuesday 4:30pm - 6:30pm. No zip code restrictions. Families served once per month.
Woodlawn Christian Church	Open	Amy Bliss amy@myWoodlawn n.org	573-6721; 4339 Woodlawn Pike 37920	https://mywoodlawn.org	food pantry	Monday-Friday, 9:00am - 4:00pm. Clients must live in the 37920 zip code and call the South Knoxville CAC office first, at 577-7591, for referral.