



COVID 19 Food Resource List

Below is a list of our most used resources, during this time. Please note this list is updated weekly as resources are changing rapidly.

Organization	Status	Contact Name and Email	Contact Info	Website	Services Offered	Notes:
Beacon of Hope	Open	beaconofhope.vestal@gmail.com	(865) 599-5047 Dona McConnell	https://www.churchstreetumc.org/beacon-of-hope/	food co-op	Food Co-Op (not a food pantry) - members only
Beaver Dam Baptist	Open	Adrian Burnette	(865) 922-2322; 4328 E Emory Rd Knoxville, 37938	https://www.bdbc.org	food bag	Last Tuesday of the month 5:30 - 6:30pm. Eligible Zip Codes: 37938, 37918, 37849. Bring address verification. They bring a pre-packed bag of non-perishables to car. Four e-mails sent to inquire about summer Food With Friends. No reply.
Beaver Ridge UMC	Open	Leslie Little deanleslielittle@gmail.com	(865) 690-1060 37931 https://www.beaveridgeumc.org/missions	https://www.beaveridgeumc.org	food pantry	Monday from 1 - 2 pm. Normally, serves clients within 37931 zip code and limits distribution to once per month. However, they are currently relaxing those restrictions a bit. One family served at a time.
Bethany Baptist Church	Open		(865) 522-1004 908 Bluff Boulevard 37917	https://www.facebook.com/pg/missionaryoutreach/services/?service_id=1394421803971048&ref=page_internal	food pantry	Monday from 1 - 2 pm. Normally, serves clients within 37931 zip code and limits distribution to once per month. However, they are currently relaxing those restrictions a bit. They serve one family at a time.
Callahan Road Baptist	Open		938-3410; 1317 Callahan Dr, Knoxville, 37912	http://www.crbchurch.com/resources.asp	food bag	Open second Tuesday from 5 - 6pm. Serves all zip codes during COVID-19. Food bag is put in vehicle.
Calvary Baptist Church	Open	Melissa Fesler	523-9419; 3200 Kingston Pike	https://knoxcalvary.com/	food bag	Open 9 – 12 every Tuesday. One bag of groceries per household every three months. No zip code restrictions. Proof of identity is required.
Change Center	Open		203 Harriet Tubman, 37915	https://www.changecenterknoxville.com	pizza distribution	See web site for future "grab and go" free food events.
Children of God Ministries	Open	Alice Allen	(865) 544-1730 37921 309 Deaderick Avenue 37921	https://www.childrenofgodministries.org/missions	food pantry and clothes	Food pantry and clothes closet are open fourth Saturday of the month from 1:00 p.m. until 3:00 p.m.
Church Street UMC	Open	Reverend Palmer Cantler	524-3048 900 Henley St, Knoxville, 37902	https://www.churchstreetumc.org	food bag	Food bags are distributed on Thursday mornings beginning at 11am, until they run out. They typically run out around 11:30am.



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Cokesbury UMC/Manna House	Open	Katie McIlwain	(865) 693-0353; 9915 Kingston Pike 37922	https://www.cokesbury.tv/mannahouse/	Food bag	9919 Kingston Pike - drive down the left side of the bldg. TUESDAY: 9 am – 11 am THURSDAY: 9 am – 11 am SATURDAY: 9 am – 11 am Volunteer will bring client a bag of food. Photo ID & document with SSN are required. Once every 30 days per household.
Compassion Ministries Cornerstone Church of God	Open	robin@compassionministries.net	12813 Kingston Pike, 37934	https://compassionministries.net/	food bag	July 9 at Cornerstone Church in Farragut. Drive through from 3:00 PM EDT until 4:30 PM.
Corryton Hospitality Pantry	Open	rmumc@comcast.net	865-687-8438; 7815 Corryton Road Corryton, 37721	https://www.rutherfordmemorialumc.com/	Food bag	Second and fourth Thursdays 9 am - 12 pm Drive-through and regular pantry. Photo ID and proof of income required. SNAP card will provide that information. See Rutherford Memorial UMC.
Crossroads Presbyterian/Halls Welfare Ministry	Open	Mike Biggs mike.biggs@knoxschools.org	4329 E Emory Rd (865) 922-8412	https://www.crossroadschurchpcusa.org/outreach	food pantry	Open 2nd Tu 6::00 p.m. and 4th Sa 10:00 a.m. Follows 2nd Harvest rules. No ID or zip code required. Can come 2x/mo. Emergency can call 922-9412 and church will try to get food.
East Knoxville FISH Hospitality Pantry	Open		522-3474 St. Luke's Episcopal, 600 S. Chestnut St., 37914 FISH Office: (865) 247-0521	http://www.fishpantry.org/index.php?page=front	food pantry	600 South Chestnut St. (St. Luke's Episcopal Church) Mondays & Wednesdays Hours: 10:00am - 1:00pm 865-522-3474
Emerald Ave. UMC	Open	Pastor Dennis Loy Rebecca Jones	1620 N Central St, Knoxville, 37917 (865) 523-7150	http://www.emeraldaveumc.org	food pantry	Open Mondays and Wednesdays from 10 to 11:30 am. Serves zip codes 37917 and 37921. Clients may come once a month. Sometimes able to provide food for homeless persons.
Faith Lutheran Church – Shepherd of Hope Food Pantry	Open		966-9626; 225 Jamestowne Blvd, Knoxville, 37934	https://www.faithloves.org/shepherd-of-hope-food-pantry/	food pantry	1st Monday, 3 – 5 pm and 3rd Monday, 3 – 7 pm. Need SS card & photo ID. Families served once per month.
Farragut Christian Church	Open		138 Admiral Rd 37934 (865) 966-5224	https://farragutcc.com	food pantry	Thursday (except holidays) from 6:00 to 8:00 pm. C. Two bags of food per month allowed to families living in zip codes: 37922, 37932, 37934.



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First Baptist Downtown	Open	info@fbcknox.org	546-9661, 510 W Main St #2539, Knoxville, 37902	http://fbcknox.org/	FISH food pantry and food co-op	FISH pantry First Sunday from 8:00 am-1:00 pm; Food co-op: Drive through. every other Tuesday from 9:00 a.m. until 1:00 p.m.
First Presbyterian Church	Open	Pam Teague phone: 523-7900	865-546-2531 620 State St. 37902	https://www.fpcknox.org	FISH food pantry	First Tuesday of each month (except major holidays) at 9:00 a.m.
Fountain City Ministry Center	Open	Kelly Gregory kelly@fcministry.org	688-5000; Knoxville, 37918	https://www.fcministry.org	food pantry.	Open 2 pm – 4 pm 07/07, 07/09. 7/10. Proof of residences, SS card and photo ID required. Families eligible once per week that FMC is open. Usually zip codes served are 37917, 37918, 37912, 37938, 37849, & 37924. Usually families are eligible once per month. https://www.fcministry.org/visitors
Good Samaritan Center - Knoxville First Seventh-Day Adventist	Open	Knoxville First Seventh-Day Adventist	865-524-7842 3611 Kingston Pike.37919	https://www.knoxvillefirstadventist.org/	food pantry & clothing	Open the 2nd and 4th Tuesdays from 3:30 -5:30 pm
Halls Welfare Ministry/Crossroads Presbyterian - see above	Open	Mike Biggs mike.biggs@knoxschools.org	4329 E. Emory Road 37938 (865) 922-8412	https://www.crossroadschurchpcusa.org	food pantry	Open 2nd Tu 6::00 p.m. and 4th Sa 10:00 a.m. Follows 2nd Harvest rules. No ID or zip code required. Can come 2x/mo. Emergency can call 922-9412 and church will try to get food.
Knox Area Rescue Ministries	Open		418 N Broadway 37917 (865) 546-6363	https://karm.org	daily meals	Breakfast: 6:30 a.m. to 8 a.m. Lunch: 11:15 a.m. to 1 p.m. Dinner: 4:45 p.m. to 6 p.m.
Knoxville Free Food Market	Open		922-0261 The Grove Church 6709 Maynardville Pk	https://thegroveknox.org/market/	food market	3rd Saturday from 10 – 12. Serving 37918 & 37938 https://www.facebook.com/thegroveknox/
Ladies of Charity	Open		247-5790 120 W Baxter Ave, Knoxville, 37917	https://www.ladiesofcharityknox.org/food-assistance	food package (3-days)	Drive-thru. Telephone for appointment. Application, SS card for all household residents, and ID required. Can complete application at time of appointment.
Laurel Church of Christ	Open		3457 Kingston Pike 37919 (865) 524-1122	https://www.laurelchurch.org	meals	On the second Tuesday of each month, Laurel members cook and serve lunch at the VMC, 511 North Broadway, from 11:45 a.m. to 12:30 p.m.



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Lost Sheep Ministries / Dream Center	Open		688-9636 1444 Breda Dr, Knoxville, 37918	https://www.knoxville.org/dreamcenter.org	food truck	Food Truck is drive-thru. Call for times. Monday - West Lonsdale Baptist Church Tuesday - Overcoming Believers Church: Wednesday - Park West Church Thursday - Inskip Baptist Church Under the Bridge Ministries (UTB) provides hot meal and clothes. Every Wednesday night UTB medical team can provide basic medical treatment, first aid, and check vitals if requested. Twice a month UTB provides dental services in a mobile trailer. Prayer team will pray with those who want it and facilitate long term treatment and care for those who want off the streets.
Love Kitchen	Open	thelovekitchen@gmail.com	546-3248 2418 Martin Luther King Jr Blvd., Knoxville, TN 37915	https://thelovekitchen.org	food pantry and meals	Lunches served W at 1:30 and Th at 1:30. Food Pantry - Every W at 4:00 PM. Clients should bring a valid ID if available. To get on the list for food pantry, clients must call 865-546-3248 on W between 12:00 PM and 1:00 PM and speak to a Love Kitchen representative. Voice message is NOT sufficient.
Metropolitan Community Church	Open	C. B. Morrison office@mccknoxville.org	531-2539, 7820 Redeemer Ln, Knoxville, TN 37919	https://www.mccknoxville.org	food bag	Tuesdays and Thursdays 9 am - 1 pm. First come, first served. Non-perishable items only. Food is put in a bag by the door. All zip codes okay. Call church office to see if delivery is available. Delivery priority given to people living close to the church.
Middlebrook Pike UMC FISH Food Pantry	Open	Elizabeth Long ealong@utk.edu (865) 566-7516 cell	7234 Middlebrook Pike, Knoxville, TN 37909	http://middlebrookpike.com/our-programs/	FISH food bank	Drive-through service fourth Friday of each month from 9:00 a.m. until 12:00 p.m. or until food runs out.
Montgomery Village Baptist Center	Open	865-566-7516	865-577-6244 ; 4601 Joe Lewis Rd, Knoxville, TN 37920	https://www.kcab.org/montgomery-village-baptist-center	meal and food bags	Monday: Emergency Food Bags: 1:00-3:00 pm Tuesday: Worships ervice and Market: 10:00-11:45 am Thursday: Worship service and Meal: 10:30-noon Emergency Food Bags: 1:00-3:00 pm Friday : Clothing Room: 9:45 -11:45 am



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New Life UMC	Open	Lisa Atkins NewLifeUMCKnoxville@gmail.com	546-5153; 7921 Millertown Pike, 37924	https://www.newlifeumcknoxville.com/	food bag	4th Tuesday of each month. Food is bagged & distributed outside building. Two bags of grocery per household.
Northwest Knoxville FISH Pantry	Open		FISH Hospitality Pantries 971-4000 122 W Scott Ave, Knoxville, TN 37917	http://www.fishpantry.org/index.php?page=pantry_locations	food pantry	122 West Scott Ave (Pantry/Food Warehouse) Tuesday, Thursday, and every 4th Saturday (10:00am - 1:00pm) 865-971-4000 Food deliveries:(865) 523-7900
Nourish Knoxville	Open	info@nourishknoxville.org	865-805-8687	https://www.nourishknoxville.org/events/ https://www.nourishknoxville.org/covid-19/	Web site to locate farmers' markets & locally grown fresh food.	https://www.nourishknoxville.org/events/
Park West Church Dutch Valley Campus	Open	Julie/Josh dutchvalley3@gmail.com	688-8711 1416 Breda Drive KNOXVILLE, TN 37918	https://www.facebook.com/Park-West-Church-Dutch-Valley-193705624298047/	food truck	See Lost Sheep Ministries / Dream Center https://knoxvilledreamcenter.org/covid-19-update
Pellissippi State College - Pellissippi Pantry	Open	Drema Bowers Director of Student Care and Advocacy (865) 539-7346 Sandra F. Davis Student Care and Advocacy Assistant (865)539-7417	865-539-7346	http://www.pstcc.edu/advocacy/pantry.php	food pantry	Must be Pellissippi student or staff. Complete an application. Orders are filled by ID number (not by name). Orders may be picked up every other week and clients can select campus.. Each order is a 3-day supply of food for each household member. The order includes prepackaged food and fresh organic produce from Hardin Valley Campus Garden.



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Positively Living	Call Only		900 E Hill Ave #280 37915 (865) 525-1540	https://choicehealthnetwork.org	food assistance	Food and other assistance for persons with HIV/Aids. Office hours: M-Th 9:00 AM – 5:00 PM & F 9:00 AM – 12:00 PM. Clients must be a TN resident living with HIV and have an annual income that is less than 400% of the federal poverty line.
Powell United Methodist Church	Open	Jamie Bauknight, Pastor	938-2741 323 W Emory Rd, Powell, TN 37849	https://powellchurch.org	food bag	Drive-through. Open Monday through Friday from 9am-10am, and the third Saturday of each month from 9am till noon. Require proof of address and will serve a household once per month.
Roseberry Baptist Church	Open		933-3831; 2920 Roseberry Rd, 37806	http://roseberrybaptist.org/	food pantry	Appointment required. Call Monday - Thursday from 8:30a.m.-2:00p.m. to schedule appointment time Open Wednesdays at 6:00 p.m Household can get food once per month.
Saint James Episcopal	Open	523-5687 Marilyn Canady mcanady@stjamesknox.org	523-5687 1101 N Broadway, Knoxville, 37917	https://stjamesknox.org	food pantry	Food Pantry will be open 7/04 & 7/18.Hours TBD. Serves immediate neighborhood and contiguous zip codes (37912, 37914, 37915, 37918, 37919, 37921).
Salvation Army	Open		525-9401 409 N. Broadway, 37917	https://www.salvationarmyknoxville.org	food bags	APPOINTMENT REQUIRED. Call (865) 525-9401. Pick-ups will be scheduled M, W, F from 1pm - 4pm.
SCHAS Senior Citizen Home Assistance Program	Call Only		865-769-4170 / 865-523-2920	https://schas.org/s-os-program	Grocery delivery (client pays for groceries)	Grocery delivery service to persons who have compromised immune systems or are age 62 or older.Free delivery. Client pays for groceries. Maximum 25 items. No delivery on weekends. No prescriptions, alcohol or tobacco. 48-hour delivery on weekdays.See web site for more rules. Available through 06/2021.
Second Harvest for Food Pantries outside of Knox County	Open	info@secondharvestetn.org	136 Harvest Lane Maryville, TN 37801 865.521.0000	https://secondharvestetn.org/find-a-food-pantry/	food pantries	https://secondharvestetn.org/find-a-food-pantry/ Link above shows food pantries outside of Knox County.
South Knoxville Baptist Church	Open		522 Sevier Avenue 37920 (865) 573-1973	http://soknobaptist.org	food pantry	Second and fourth Saturdays from 1:00 to 3:00 pm. For south Knoxville community.



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South Knoxville FISH Hospitality Pantry	Open		865-247-0521 201 Ogle Ave.	http://www.fishpantry.org/index.php	food pantry	201 Ogle Street (inside Sustainable Future Center building) Wednesday & Friday (10:00am - 1:00pm) 865-577-9600 To have food delivered call 865-523-7900
The Grove Church/Knoxville Free Food Market	Open		6709 Maynardville Pike 37918 (865) 922-0261	https://thegrovetknox.org/market/	food pantry	Third Saturday of the month from 10 am – 12 pm. There is no qualification process for food and no proof of identification is required.
The Lord's Child -Food Pantry	Open	Pastor David May contact@thelordshild.com	868-5200 8729 Chapman Highway Knoxville, 37920	https://www.thelordschild.org/homepage	food bags	Thursdays 10 am - 2 pm. or until food runs out. Curbside delivery. Bring government-issued photo ID with current address. Also bring declaration of income OR proof of participation in one of the following: SNAP food stamps, Families First, SSI benefits, LIHEAP, Public Housing residency. The restriction of serving only residents in the South Knoxville and Seymour zip codes is waived during COVID -19.
Trinity UMC	Open	contact@knoxtrinity.org	588-5763 5613 Western Ave, Knoxville, 37921	https://www.knoxtrinity.org	food pantry	Wednesdays from 10 am to 2 pm. No zip code restrictions. One bag of groceries per household per month.
Washington Pike UMC	Open		2241 Washington Pike 37917 (865) 523-0603	https://www.washingtonpikeumc.org	food pantry	Serves persons in 37914 and 37917. Open Thursday mornings from 9-11 am. Contact the church office for more info 865-523-0603.
Wesley House	Open	Kara Finger	(865) 524-5494 1719 Reynolds St, Knoxville, 37921	https://www.wesleyhouse.com	food pantry	Open for childcare for essential employees and has a food pantry for program participants. WH is open from 7:30am-5:30pm for childcare and open for families to pick up groceries. WH has been making weekly doorstep deliveries of food and household items to persons who do not have transportation.
West End Church of Christ	Open	Denise McAllister, Church Secretary	8301 E Walker Springs Ln 37923 (865) 693-0801	https://www.wecoc.org	food pantry	During COVID-19, church allows clients to pick up food Monday – Thursday from 9 – 11 a.m. and 1 – 3 p.m. by calling 865-693-0801. They may request food every two weeks. No residence requirement. Need name, address, phone number.



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Western Heights Baptist Center	Open	Shannon Washam baptistcenter@aol.com	(865) 525-9068 1230 West Scott, 37921	https://www.kcab.org/western-heights-baptist-center	food and clothing	Tuesday & Thursday 9:00 am - 12:00 pm.
Whitestone Christian Church	Open	Joe Brawley joseph.brawley@at.t.net	865-254-6052 - Whitestone Church Office 1719 E. Emory Rd, Knoxville, TN 37938	https://whitestonechurch.org	food pantry	Food Pantry open the second Saturday each month from 9 am - 12 pm and the fourth Tuesday from 4:30 - 6:30 pm. No zip code restrictions. Families served once per month. Families served once per month.
Woodlawn Christian Church	Open	Amy Bliss amy@myWoodlawn.org	573-6721, 4339 Woodlawn Pike, Knoxville, 37920	https://mywoodlawn.org	food pantry	Monday-Friday, 9am - 4pm. Clients must live in the 37920 zip code and call the South Knoxville CAC office first, at 577-7591 for referral.